

Counseling & Therapy

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- Master of Arts in School Counseling
- Master of Science in Mental Health Counseling
- Master of Science in Marriage and Family Therapy
- Advanced Certificate in School Counseling
- Advanced Certificate in Mental Health Counseling
- Advanced Certificate Bilingual Extension with Master of Arts in School Counseling
- Advanced Certificate in Bilingual Pupil Personnel Services
- Recommended electives for Alcohol and Substance Abuse Counseling
- Recommended electives for College Advising

Masters Program in School Counseling (Leads to Certification in School Counseling)

The program is concerned with fostering the intellectual, social, spiritual, vocational, personal, and professional development of individuals throughout the life span. It is grounded in research and is also shaped by the needs of schools, community agencies, and colleges that require the services of professional counselors. While a theoretical thread is evident in the core coursework, an experiential thread also begins in the first semester. At the end of their preparation, it is expected that counselors-in-training will emerge with certain knowledge, skills and dispositions. They will be able to: assess, facilitate, and guide individual development; enhance the experiences that further human development and ameliorate those that hinder optimum development; work with individuals from diverse ethnic, cultural, and socioeconomic backgrounds; and engage in inquiry with respect to emerging professional thought and practice. Most importantly, counselors-in-training will enhance their ability to be empathetic, caring human service providers.

Program participants are responsible for giving evidence of having acquired the required competencies and met standards through periodic performance reviews, completion of

course and program requirements and for maintaining a B or better average in course work.

Admission

Applicants for admission into the master degree program in School Counseling must have earned a baccalaureate degree and a suitable preparation in the behavioral sciences. Consideration will be given for teaching experience and for other applicable experience. Students who possess a bachelor degree but do not have relevant background may be required to take prerequisite courses for admission. A Narrative Statement of Interest in the counseling program is required. Two letters of reference are also required. An interview with the Director is recommended prior to admission.

Program Planning

The approved degree program for Counseling consists of 48 credits of course work. The program requires a major paper and a one semester practicum and two semester internship. Periodic consultation with an advisor is required to assure proper sequence and progress in developing competencies as a counselor. The programs prepare students for counseling in schools and in other agencies.

Degree Program School Counseling

Required courses: Students in the 48 credit M.A. program seeking school counseling certification must take all the required courses listed below. Students should consult with the Advisor for courses most suitable for their purpose.

EDUG 713	Methods of Educational and Psychological Research	3
EDUG 721	Introduction to Counseling Practices and Theories	3
EDUG 722	Techniques in Counseling the Individual	3
EDUG 723	Life Span Development	3
EDUG 724	Career Development	3
or EDUG 714	Psychology of Career Counseling	
EDUG 725	Practicum in Groups	3
EDUG 727	Organization and Administration of the Guidance Program	3
EDUG 732	Practicum in Counseling	3
EDUG 780	Psychopathology	3
EDUG 807	Measurement and Assessment for Counselors	3
EDUG 821	Internship in School Counseling I	3
EDUG 827	Internship in School Counseling II	3
EDUG 851	Data Analysis and Report Writing in Educational & Psychological Research	3
EDUG 853	Counseling the College Applicant	3
EDUG 859	Approaches to Multicultural Counseling:Theory and Practice	3
or EDUG 817	Cross Cultural Counseling	

EDUG 867	Professional Orientation to Counseling: Standards, Law, Ethics, and Evaluation	3
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Total Credits		48
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Masters Program in Mental Health Counseling (Licensure Qualifying in New York)

The mental health counseling program is a 60 credit master's degree program that prepares students to work in mental health settings such as: mental health centers, hospitals, college counseling centers, and residential treatment centers. The Master of Science in Mental Health Counseling is a rigorous program designed to meet the requirements for an independent mental health care license in New York. The primary objective of this program is to train masters level practitioners in assessment and intervention in the mental health care settings. Together with a post-graduate experience requirement (3000 hours) and successful completion of a licensure exam, graduates will be able to provide direct clinical and counseling services to patients in a wide range of medical, research, mental health and independent practice settings.

Admission

Applicants for admission into the master degree program in Mental Health Counseling must have earned a baccalaureate degree. Consideration will be given for applicable experiences. Students who possess a bachelor degree but do not have relevant background may be required to take a prerequisite course for admission. A Narrative Statement of Interest in the Mental Health Counseling program is required. Two letters of reference are also required. An interview with the Director is recommended prior to admission.

Program Planning

The Mental Health Program consists of 60 credits. The program requires a major paper and a one semester practicum and two semester internship (300 hours per semester). Periodic consultation with the academic advisor is required to assure proper sequence and progress in developing competencies as a counselor. Program participants are responsible for giving evidence of having acquired the required competencies and met standards through periodic performance reviews, completion of course and program requirements and for maintaining a B or better average in course work.

Degree Program Mental Health Counseling

Students preparing for mental health counseling must earn 57 credits of core courses and 3 credits of an elective course. Students should consult with the academic advisor for 3 credits of an elective course most suitable for their goals. Students must complete a research paper.

Required courses

Elective		3
EDUG 713	Methods of Educational and Psychological Research	3
EDUG 715	Marriage and Family Counseling	3

or EDUG 904	Introduction to Family Therapy Models	
EDUG 721	Introduction to Counseling Practices and Theories	3
EDUG 722	Techniques in Counseling the Individual	3
EDUG 723	Life Span Development	3
EDUG 724	Career Development	3
or EDUG 714	Psychology of Career Counseling	
EDUG 725	Practicum in Groups	3
EDUG 726	Foundations of Mental Health Counseling	3
EDUG 732	Practicum in Counseling	3
EDUG 780	Psychopathology	3
EDUG 807	Measurement and Assessment for Counselors	3
EDUG 850	Advanced Practicum for Counselors in Group Procedures	3
EDUG 851	Data Analysis and Report Writing in Educational & Psychological Research	3
EDUG 819	Internship in MHC Counseling I	3
EDUG 859	Approaches to Multicultural Counseling:Theory and Practice	3
EDUG 866	Practicum in Leadership, Supervision and Consultation in Counseling	3
EDUG 867	Professional Orientation to Counseling:Standards, Law, Ethics, and Evaluation	3
EDUG 891	Foundations in Evaluation, Assessment, and Diagnosis	3
EDUG 894	Internship MHC Counseling II	3
Total Credits		60

New York State Certification/Licensure

School. Upon the completion of the Master of Arts degree, SAVE, Child Abuse Recognition and Reporting requirements and DASA training, the student will fulfill the requirements for Provisional certification as a school counselor. The student must file an application on line with the State Education Department and then contact the office of the Dean of Education in order to be recommended for certification. Application should be submitted prior to graduation.

Mental Health. Manhattan College's program meets the State of New York requirements and graduates are license eligible with 3,000 post degree supervised hours and the passage of a state license exam.

Masters Program in Marriage and Family Therapy (Licensure Qualifying in New York)

The marriage and family therapy program is a 60 credit program, registered in the New York State Office of Professions. It is designed to educate and train clinicians in the profession of Marriage and Family Therapy. The program includes studying, understanding, and developing the skills for providing therapy based on an integration of a contextual, cultural and relational perspective. Factors included in this perspective include among others: life span development, family of origin, family configuration,

culture, gender, living and schooling environment, and ethnicity. The program meets the requirements to qualify for an independent Marriage and Family Therapy license in New York State. Together with a post – graduate experience requirement (1500 hours) and successful completion of a licensure exam, graduates will be able to provide direct clinical therapy services to clients in a wide variety of settings and private practice.

Admission

Applicants for admission into the master degree program in Marriage and Family Therapy must have earned a baccalaureate degree. Consideration will be given for applicable experiences. Students who possess a bachelor degree but do not have relevant background may be required to take a prerequisite course for admission. A Narrative Statement of Interest in the Marriage and Family Therapy is required. Two letters of reference are also required. An interview with the Director is recommended prior to admission.

Program Planning

The Marriage and Family Therapy consists of 60 credits. The program requires a major paper and a one semester practicum and two semester internship (300 hours per semester). Periodic consultation with the academic advisor is required to assure proper sequence and progress in developing competencies as a counselor.

Marriage and Family Therapy Licensure. Manhattan College's program meets the State of New York educational requirements and graduates are license eligible. Upon graduation, students will also need to meet the requirements for licensure by passing the national MFT exam and by acquiring the post-graduate clinical experience and supervision. The requirements in other states may vary so students should discuss licensure in other states with their academic advisor.

Degree Program Marriage and Family Therapy

Students preparing for Marriage and Family Therapy must earn 54 credits of core courses and two electives. Students should consult with the academic advisor for 6 credits of courses most suitable for their goals. Students must complete a research paper.

Required Courses

EDUG 713	Methods of Educational and Psychological Research	3
EDUG 723	Life Span Development	3
EDUG 905	Foundations of Mental Health & Family Therapy	3
EDUG 904	Introduction to Family Therapy Models	3
EDUG 867	Professional Orientation to Counseling: Standards, Law, Ethics, and Evaluation	3
EDUG 780	Psychopathology	3
EDUG 851	Data Analysis and Report Writing in Educational & Psychological Research	3
EDUG 907	Practicum in Marriage and Family Counseling	3
EDUG 903	Contemp. Couples Therapy	3
EDUG 725	Practicum in Groups	3

EDUG 817	Cross Cultural Counseling	3
EDUG 709	Alcohol and Substance Abuse Counseling Family Issues and Treatment Approaches	3
EDUG 910	Internship I and Seminar in MFT	3
EDUG 908	Family Therapy&Family Law	3
EDUG 909	Family Systems Therapy: Practicum in Techniques	3
EDUG 906	Family Assessment	3
EDUG 911	Internship II and Seminar II in MFT	3
EDUG 850	Advanced Practicum for Counselors in Group Procedures	3
Electives		6

Advanced Certificate in School Counseling

Admission

Students must have a master's degree from an approved educational institution and possess provisional certification in school counseling or its equivalent. A Narrative Statement of Interest in the counseling program, and two letters of recommendation are required prior to admission.

Students who have obtained the M.A. Degree in Counseling from Manhattan College within the last five years and who plan to apply to the Advanced Certificate program in Pupil Personnel Services (School Counseling) may submit a 1 page simplified application form for approval to their M.A. advisor who will then send it to the Director of the Counseling Programs for approval. That form is available through the faculty advisors for the program. The form will then be sent directly to Admissions.

Program

The Advanced Certificate consists of 21 credits of course work. It emphasizes broader preparation in counseling and related services for advanced responsibilities, including intervention, and in the conduct, supervision, and evaluation of counseling practice. Upon completion of 21 credits, students may apply for New York State permanent certification if they have worked as a school counselor for 2 years.

Required courses

EDUG 723	Life Span Development	3
EDUG 850	Advanced Practicum for Counselors in Group Procedures	3
EDUG 859	Approaches to Multicultural Counseling:Theory and Practice	3
EDUG 866	Practicum in Leadership, Supervision and Consultation in Counseling	3
EDUG 867	Professional Orientation to Counseling:Standards, Law, Ethics, and Evaluation	3
Electives		6
Total Credits		21

Students must consult with the Program Director to determine appropriate courses for the 6 elective credits.

Advanced Certificate in Mental Health Counseling (Licensure Qualifying in New York)

The Advanced Certificate in mental health counseling program is a 27 credit post master's degree program that prepares students who already have a Master's degree in Counseling to work in mental health settings such as: mental health centers, hospitals, and residential treatment centers. The Advanced Certificate in Mental Health Counseling is a rigorous program designed to meet the requirements for an independent mental health care license in New York and other states. The primary objective of this program is to train practitioners in assessment and intervention in the mental health care settings. Together with a post degree experience requirement (3000 hours) and successful completion of a licensure exam, graduates will be able to provide direct clinical and counseling services to patients in a wide range of medical, research, mental health and independent practice settings.

Admission

Applicants for admission into the Advanced Certificate program in Mental Health Counseling must have earned a master's degree in counseling or counseling psychology. Consideration will be given for applicable experiences. A Narrative Statement of Interest in the Mental Health Counseling program is required. Two letters of reference are also required. An interview with the Director is recommended prior to admission.

Students who have obtained the M.A. Degree in Counseling from Manhattan College within the last five years and who plan to apply to the Advanced Certificate Program in Mental Health Counseling may submit a 1 page simplified application form for approval to their M.A. advisor who will then send it to the Director of the Counseling Programs for approval. That form is available through the faculty advisors for the program. The form will then be sent directly to Graduate Admissions.

Program Planning

The Mental Health Program consists of a minimum of 27 credits depending on the appropriateness of the courses already taken on the master's level. Since the advanced certificate and the master's degree in mental health programs are registered in New York State, guidelines in determining which courses and how many must be taken in the advanced certificate will follow that model. These programs require a major paper (if not taken on the master's degree level) and a practicum and two semester internship. Periodic consultation with an advisor is required to assure proper sequence and progress in developing competencies as a counselor.

Please see the course listing under the M.S. degree in Mental Health Counseling for the courses that are required. Students in the Advanced Certificate program must review with an advisor which master's level courses they have already taken that fulfill the requirements for the M.S. degree and which courses they need to take.

New York State Licensure

Mental Health. Manhattan College's advanced certificate in mental health counseling program meets the State of New York requirements and graduates are license eligible with 3,000 post degree supervised hours and the passage of the state exam.

Advanced Certificate in School Counseling Bilingual Extension

The advanced certificate bilingual extension (ACT CBE) may be taken as part of the M.A. in School Counseling program and/or the Advanced Certificate in School Counseling. In order to earn eligibility to pursue provisional certification as a bilingual counselor in preschool, elementary and secondary schools. The ACT CBE is 15 credits but students may take 1 of the 5 courses within their 48 credit master's course work. With the Extension, students will need a total 60 combined credits and pass the expressive language fluency exams.

Advanced Certificate in Bilingual Pupil Personnel Services

Applicants must have a master's degree in school counseling, social work, or school psychology. By completing the Advanced Certificate in Bilingual Pupil Personnel Services (ACT BPPS) program, which consists of 15 credits of coursework, and passing expressive language fluency exams, students may be eligible to pursue certification to work as a bilingual school counselor, school psychologist or social worker.

Students in both the ACT CBE and ACT BPPS programs must independently pass the Bilingual Education Assessment examination in order to complete the requirements for their certificate.

Both the ACT CBE and ACT BPPS programs are registered with the State of New York.

Required Courses

EDUG 802	Foundations, Theory and Practice of Bilingual General and Special Education	3
EDUG 810	Bilingual and Multicultural Assessment of Linguistically and Culturally Diverse Students	3
EDUG 816	Approaches to Counseling Linguistically and Culturally Diverse Student	3
EDUG 817 or EDUG 859	Cross Cultural Counseling Approaches to Multicultural Counseling:Theory and Practice	3
EDUG 818 or EDUG 732	Internship: Bilingual Counseling Practicum in Counseling	3
Total Credits		15

Recommended electives for Alcohol and Substance Abuse Counseling

The electives consist of 9 credits of coursework specifically designed to prepare students for Alcohol and Substance Abuse Counseling. It is also appropriate for those human service professionals who want to enhance their skills as mental health or school counselors.

Required Courses

EDUG 708	Physical and Psychopharmacological Aspects of Alcohol and Substance Abuse	3
EDUG 709	Alcohol and Substance Abuse Counseling Family Issues and Treatment Approaches	3
EDUG 706	Alcohol and Substance Abuse: Evaluation, Treatment Planning and Case Management	3
Total Credits		9

Recommended electives for College Advising

The electives consist of 12 credits of coursework specifically designed to prepare college advisors to gain additional expertise in working with students who aspire to go to and be successful in college. The courses were designed with funding from a grant and represent the best research and practice ideas.

Required Courses

EDUG 729	Professional Writing	3
EDUG 718	Technology, the School Counselor and College Advisor	3
EDUG 853	Counseling the College Applicant	3
Other course chosen based on focus of advisor		3
Total Credits		12