

Counseling Center

The Counseling Center staff provide services to currently enrolled Manhattan College students. Those who utilize the services of the Center present a wide variety of problems and concerns, such as adjustment to college, homesickness, resolving conflicts, improving relationships, reducing stress, coping with feelings of anxiety or depression, and concerns about alcohol or other substance abuse. In addition, Center staff provide consultation services by phone or in office to those members of the Manhattan College academic community who have questions or concerns about how to help others (e.g., friend, family member, student) as well as referrals to community resources.

All services of the Counseling Center are confidential. Records maintained in the Counseling Center are separate from the college academic records. All staff members of the Counseling Center adhere to professional and ethical standards regarding confidentiality. The limits of confidentiality are discussed with each student at the first session.

The Counseling Center is located in Miguel Hall, Room 501. Appointments are recommended (call ext. 7394), however, walk-ins are accommodated as quickly as scheduling permits. The office is open weekdays from 9:00 a.m. to 4:30 p.m. and evenings by appointment.

Health Services

Health Services staff provide medical care for common health problems, including: acute illnesses, injuries, blood pressure checks, vision screenings, allergy injections, suture removal, nutritional counseling and a variety of other health-related services. In addition, the staff facilitates referrals to off-campus health care providers when necessary. Services are available to all registered students. Medical services provided by our nurse practitioner and physicians are at no charge. Likewise, students do not pay for any prescription medicines that we have available in stock. If a student requires outside services, such as laboratory analysis, x-rays, etc., they will be responsible for payment to that provider of services.

Health Services is located in Alumni Hall, Room 104 (next to the Fitness Center). The office is open every day at 9:00 am to 4:30 pm with staffing by our Nurse Practitioner. The College Physicians is on campus for limited hours on Mondays and Wednesdays. Students are advised to call (718-862-7217) ahead of time before coming to see the physician, although walk-ins are accepted.

Students in need of health care after Health Service hours may contact residence life staff or security for assistance. Medical care is always available at the Allen Pavilion Emergency Room (Broadway and 217th St.), which is part of the Columbia/New York Presbyterian Hospital System, or St Joseph's Hospital in Yonkers, NY.

Medical Emergencies: Whenever a medical emergency arises, Campus Security (718-862-7333) should be contacted immediately. Campus Security responds to all emergency calls 24 hours a day, notifying Health Services or New York City Emergency Medical Services as appropriate. While every effort will be made to notify parents or guardians in case of serious illness or accidents requiring emergency treatment, it is

understood and agreed that even without such notification those concerned give their permission and consent to the College to take such measures as may be deemed necessary.

Immunizations: New York State Law mandates that all students born after January 1, 1957 submit proof of their immunity against measles, mumps and rubella to the College as well as a completed Meningitis Response Form. Records may generally be obtained from the student's private physician or previous educational institution. Faxed copies (to 718-862-7797) are acceptable if they are clear and legible. If a student cannot obtain his/her immunization records, s/he may arrange to have a blood test to determine immunity. A blood test can be conducted at Health Services, although the student will be responsible for the laboratory analysis fee. Free MMR immunizations are available at Health Services for those who are uninsured. Any student who is having trouble obtaining the necessary medical records should contact the Health Services staff for assistance (718-862-7217). Immunization compliance matters can generally be resolved quickly once a student requests assistance.

Insurance and Fees: The College provides a basic Student Accident Insurance Plan for all full-time undergraduates upon registration. An additional Sickness Insurance Plan is available on a voluntary basis. Inquiries regarding insurance should be directed to the Vice President/Chief Financial Officer and Treasurer (718-862-7356).